

H21 Bana 1

| Plac | Löpare | Sluttid | Starttid | 1-33 | 2-35 | 3-32 | 4-31 | 5-37 | 6-47 | 7-46 | 8-45 | 9-44 | 10-42 | 11-201 | 12-203 | 13-204 | M-2 |
|------|-------------------------------------|---------|----------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | Jonatan Francén TGOK | 47.03 | 09:19:14 | 1.36 | 6.04 | 11.24 | 15.41 | 20.26 | 28.55 | 31.29 | 33.10 | 37.18 | 39.44 | 43.28 | 45.41 | 46.34 | 47.03 |
| 2 | Håkan Samor Tjällmo-Godegårds OK | 49.16 | 09:15:16 | 1.35 | 5.33 | 12.03 | 16.21 | 21.36 | 29.59 | 32.27 | 33.52 | 38.05 | 41.21 | 45.27 | 47.41 | 48.42 | 49.16 |
| 3 | Patrik Svensson OK Motala | 51.35 | 09:17:14 | 1.48 | 6.42 | 11.22 | 17.02 | 23.25 | 31.07 | 33.39 | 35.15 | 39.45 | 42.48 | 47.11 | 49.53 | 50.56 | 51.35 |
| 4 | Johan Sjögren TGOK | 53.03 | 09:13:15 | 1.53 | 6.47 | 13.13 | 17.57 | 23.41 | 31.16 | 34.11 | 36.03 | 42.57 | 45.28 | 49.16 | 51.41 | 52.35 | 53.03 |
| 5 | Ronnie Samor TGOK | 53.46 | 09:09:16 | 1.23 | 5.33 | 9.53 | 15.24 | 20.00 | 27.35 | 30.28 | 39.12 | 43.31 | 45.58 | 49.55 | 52.03 | 53.11 | 53.46 |
| 6 | Martin Hammarlund Motala AIF OL | 54.56 | 09:11:14 | 1.42 | 6.55 | 12.54 | 18.49 | 24.40 | 33.51 | 36.34 | 38.02 | 42.15 | 45.29 | 49.55 | 53.16 | 54.21 | 54.56 |
| 7 | Erik Melén Motala AIF OL | 57.36 | 09:07:15 | 1.30 | 6.24 | 11.49 | 17.40 | 23.40 | 32.58 | 36.13 | 39.32 | 45.15 | 48.01 | 52.55 | 55.38 | 56.48 | 57.36 |
| 8 | Linus Åberg Tjällmo-Godegårds OK | 66.10 | 09:21:15 | 1.42 | 6.04 | 11.08 | 16.18 | 21.34 | 38.22 | 40.59 | 42.25 | 54.10 | 56.54 | 61.57 | 64.18 | 65.24 | 66.10 |
| 9 | Joel Francén TGOK | 69.27 | 09:23:14 | 1.42 | 6.07 | 13.01 | 25.30 | 31.51 | 39.36 | 42.49 | 51.11 | 56.40 | 59.37 | 65.02 | 67.42 | 68.49 | 69.27 |

H35 Bana 1

| Plac | Löpare | Sluttid | Starttid | 1-33 | 2-35 | 3-32 | 4-31 | 5-37 | 6-47 | 7-46 | 8-45 | 9-44 | 10-42 | 11-201 | 12-203 | 13-204 | M-2 |
|------|-------------------------------|---------|----------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | Johan Pettersson OK Motala | 51.02 | 09:01:15 | 1.36 | 6.11 | 13.18 | 18.39 | 24.31 | 31.11 | 34.11 | 36.03 | 40.33 | 42.52 | 46.59 | 49.21 | 50.29 | 51.02 |
| 2 | Fredrik Korall Motala AIF | 60.12 | 08:59:15 | 1.33 | 6.24 | 14.36 | 22.47 | 28.00 | 36.36 | 41.03 | 42.42 | 47.45 | 50.30 | 55.20 | 58.13 | 59.29 | 60.12 |