

H21 LÅNG (26) 10740 m

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|----|--------|-------------------|----|-------------------|---------|----------|
| 1 | (0164) | Oskar Arlebo | 12 | KFUM Örebro OK | 1:04:34 | G |
| 2 | | Pontus Halldin | 12 | KFUM Örebro OK | 1:04:57 | G |
| 3 | (0146) | Anders Lindéus | 12 | Hagaby GoIF | 1:12:16 | S |
| 4 | (0475) | Ulf Hallmén | 12 | Hagaby GoIF | 1:15:01 | S |
| 5 | | Mathias Jansson | 12 | Hagaby GoIF | 1:15:32 | S |
| 6 | (0331) | Markus Kvarndal | 12 | KFUM Örebro OK | 1:16:03 | S |
| 7 | (0480) | Per Johansson | 23 | Motala AIF OL | 1:16:29 | S |
| 8 | (0355) | Patrik Eklund | 12 | KFUM Örebro OK | 1:17:28 | S |
| 9 | (0179) | Oskar Axelsson | 12 | KFUM Örebro OK | 1:18:27 | S |
| 10 | (0470) | Calle Andersson | 20 | OK Skogsstjärnan | 1:18:47 | S |
| 11 | (0702) | Lars Jonhed | 12 | KFUM Örebro OK | 1:19:08 | S |
| 12 | (0540) | Erik Tengvall | 23 | Boxholm-Mjölby OL | 1:19:16 | S |
| 13 | (0669) | Christer Alm | 12 | Hagaby GoIF | 1:19:18 | S |
| 14 | | Simon Elgsten | 14 | Eksjö SOK | 1:19:53 | S |
| 15 | | Urban Ljungberg | 18 | OK Djerf | 1:19:57 | S |
| 16 | (0574) | Per Jonhed | 12 | KFUM Örebro OK | 1:20:08 | S |
| 17 | (1301) | Arvid Sundkvist | 16 | Katrineholms OK | 1:22:35 | S |
| 18 | | Anders Lindkvist | 12 | Almby IK | 1:24:33 | S |
| 19 | (1005) | Anders Pettersson | 12 | KFUM Örebro OK | 1:27:19 | S |
| 20 | (0733) | Fredrik Johansson | 20 | OK Skogsstjärnan | 1:29:57 | S |
| 21 | | Fredrik Korall | 23 | Motala AIF OL | 1:31:43 | B |
| 22 | (0799) | Linus Bohman | 13 | Hjärnarps GH OL | 1:31:51 | B |
| 23 | | Anders Kallin | 12 | KFUM Örebro OK | 1:36:47 | B |
| 24 | | Peter Larsson | 13 | FK Boken | 1:41:42 | |
| | | Björn Mårtensson | 20 | OK Skogsstjärnan | | ej start |
| | (0378) | Martin Juhlin | 21 | Västerås SOK | | ej start |